

TYPICAL TESTS

TEST NAME & (LABORATORY)	SPECIMEN	PRICE	TURN AROUND TIME	DESCRIPTION
GI EFFECTS COMPREHENSIVE PROFILE (GENOVA DIAGNOSTICS)	STOOL	£355	21 DAYS	Investigates leaky gut, gut dysbiosis, digestion and absorption.
CV HEALTH (GENOVA DIAGNOSTICS)	BLOOD (SALIVA – ADD ON TEST)	£240 (£500 with add on)	14 DAYS	Markers to assess risk of cardiovascular disease (CVD). Option to add on specific gene tests for cardiovascular disease
NUTREVAL (GENOVA DIAGNOSTICS)	BLOOD URINE (SALIVA - ADD ON TEST)	£550	14 DAYS	Investigates nutritional status, toxin panel, mitochondrial status (option to add on methylation genes: MTHFR COMT – add on £35-£40 per test for these additional gene tests)
METABOLOMIX (GENOVA DIAGNOSTICS)	URINE (BLOOD SPOT & SALIVA ADD ON TESTS)	£335	14 DAYS	This profile is a unique combination of nutritional tests that assess the functional need for antioxidants, B-vitamins, minerals, digestive support and amino acids with add-on modules based on a patient's unique needs.
SIBO (GENOVA DIAGNOSTICS)	BREATH	£150	14 DAYS	breath tests which capture exhaled hydrogen (H ₂) and methane (CH ₄) gases following patient ingestion of a lactulose solution to evaluate bacterial overgrowth of the small intestine.
IGG FOOD PROFILE (GENOVA DIAGNOSTICS)	BLOOD	£140	14 DAYS	The IgG Food Panel is a blood test that measures antibodies to 87 commonly consumed foods . The panel also includes a total IgE measurement. The body can react to foods in many different ways. Adverse food reactions can lead to distressing symptoms and chronic health conditions

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DUTCH COMPLETE (PRECISION ANALYTICAL)	URINE	£249	21 DAYS	Investigates cortisol and sex hormone patterns
DUTCH PLUS (PRECISION ANALYTICAL)	URINE SALIVA	£269	21 DAYS	In addition to sex hormones and their metabolites, the DUTCH Complete™ looks at the overall diurnal pattern of free cortisol, and the total and distribution of cortisol metabolites
MARCONS (INVIVO)	NASAL	£390	14 DAYS	MARCoNS (Multiple Antibiotic Resistant Coagulase Negative Staphylococci) is an antibiotic resistant staph infection that resides deep in the nose. MARCoNS are very slow growing however, can have such an effect on one's health leading to chronic fatigue, hormonal imbalances, and more.
MYCOTOXIN PROFILE (GREAT PLAINS)	URINE	£247.50	10 DAYS	This profile identifies mycotoxin exposures and provides recommendations for detoxification treatments that have been shown to be effective.
ARMIN (AONM)	BLOOD	VARIES	VARIES	Armin Labs offers laboratory tests for chronic infections originating from tick-borne diseases.
HAIR MINERAL ANALYSIS (REGENERUS)	HAIR	£76.50		Hair analysis provides important data that can be used in conjunction with symptoms and other laboratory values. It is an inexpensive and valuable screen for physiological excess, deficiency or maldistribution of elements. As protein is synthesised in the hair follicle, elements are permanently incorporated into the hair and represent a temporal record of element metabolism and toxic exposure.

- We use a variety of providers for our tests such as The Doctors Laboratory, Medicecks, Thriva, Biolab among others. We can provide routine panels such as thyroid, hormone, coeliac screen etc as deemed necessary during consultation.

*Prices are subject to change